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Associate Professor of Counseling and Educational Psychology
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EDUCATION

Ph.D.	<i>Old Dominion University</i> Counselor Education and Supervision CACREP Accredited	2017
M.S.	<i>The College at Brockport, State University of New York</i> Mental Health Counseling CACREP Accredited	2014
B.A.	<i>State University of New York at Geneseo</i> Psychology	2010

CERTIFICATION

- National Certified Counselor (NCC) ID #: 331917
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ACADEMIC POSITIONS

- **Associate Professor** (with tenure), New Mexico State University, Department of Counseling and Educational Psychology, 2021 – present
 - Average teacher rating: 3.9/4.0
- **Assistant Professor**, New Mexico State University, Department of Counseling and Educational Psychology, 2017 - 2020
- **Adjunct Faculty Member**, Old Dominion University, Department of Counseling and Human Services, 2017
- **Graduate Teaching and Research Assistant**, Old Dominion University, Department of Counseling and Human Services, 2014 - 2016

PUBLICATIONS

Peer-Reviewed Journal Articles

**Italicized* denote student collaborations

*Underline denote statistical and/or methodological specialist:

(Propensity score matching, multiple-group confirmatory factor analysis, or convergent/parallel mixed-methods design).

51. **Kalkbrenner, M.T.**, *Hunt, A.J., Ryan, A.F., & Rahman, S.R.* (in press). Psychometric properties of The Patient Health Questionnaire-9 and The Generalized Anxiety Disorder-7 with adults in the United States. *Journal of Mental Health Counseling*. High quality journal ranking per the CEP department.
50. **Kalkbrenner, M.T.**, *Bradley, M., & Sun, H.* (in press). Development and initial validation of scores on The Lifestyle Practices and Health Consciousness Inventory-2: Brief Version. *Measurement and Evaluation in Counseling and Development*. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.
49. **Kalkbrenner, M.T.** & Carlisle, K. L. (2023). Structural pathways between social support and mental health among STEM students: Implications for college student psychotherapy. *Journal of College Student Psychotherapy*. Advanced online publication. <https://doi.org/10.1080/87568225.2023.2183164>. High quality journal ranking per the CEP department.
48. **Kalkbrenner, M.T.** (2023). Examining Global Wellness, anxiety severity, and depression severity among Black and Latinx Adults: Implications for counseling. *Journal of Mental Health Counseling*. 45(1), 34-52. <https://doi.org/10.17744/mehc.45.1.03>. High quality journal ranking per the CEP department.
47. **Kalkbrenner, M.T.** (2023). Alpha, omega, and *H* internal consistency reliability estimates-reviewing these options and when to use them. *Counseling Outcome Research and Evaluation*. 14(1), 77-88. <https://doi.org/10.1080/21501378.2021.1940118>. High quality journal ranking per the CEP department.
46. Bennett, E., **Kalkbrenner, M.T.**, Glasser, H. H., Tafoya, B., Leybas, V., & Bingham, L. (2023). Development and initial validation of scores on the Inner Wealth Inventory: Implications for human service management and practice. *Human Services Organizations: Management, Leadership, and Governance*. 47(1), 122-136. <https://doi.org/10.1080/23303131.2022.2158977>. High quality journal ranking per the CEP department.
45. **Kalkbrenner, M.T.** (2022). Best practices and guidelines for writing a rigorous quantitative methodology section in counseling and related fields. *The Professional Counselor*. 12(3), 217 – 231. <https://doi.org/10.15241/mtk.12.3.217>. High quality journal ranking per the CEP department.
44. **Kalkbrenner, M.T.**, Neukrug, E.S., & *Esquivel Arteaga, L.E.* (2022). Mental health literacy screening of students in Hispanic Serving Institutions. *Journal of Counseling & Development*. 100(1), 319-329.

<https://doi.org/10.1002/jcad.12428>. High quality journal ranking per the CEP department and the flagship journal in my field.

43. **Kalkbrenner, M.T.** & Flinn, R.E. (2022). Psychometric properties of The Mental Distress Response Scale among first-generation college students. *Journal of College Student Retention: Research, Theory & Practice*. Advanced online publication. <https://doi.org/10.1177/15210251221123041>. High quality journal ranking per the CEP department.
42. Vomer, R. V., York, E., **Kalkbrenner, M.T.**, Kershaw, Z., Seemann, L.L., & Pujalte, G.A. (2022). Effects of athletic trainer direct employment on the management of sports-related injuries in high school athletes. *Cureus Journal of Medical Science*. 14(12). e32995. <https://doi.org/10.7759/cureus.32995>
41. **Kalkbrenner, M.T.** & Miceli, G. (2022). Barriers to seeking counseling among STEM students: The Revised Fit, Stigma, and Value Scale. *The Professional Counselor*. 12(3), 249 – 261. <https://doi.org/10.15241/mtk.12.3.249>. High quality journal ranking per the CEP department.
40. **Kalkbrenner, M.T.**, Hunt, A.J., Ryan, A.F., & Rahman, S.R. (2022). Internal consistency reliability and internal structure validity of the English versions of the Patient Health Questionnaire-9 and the Generalized Anxiety Disorder-7: A psychometric synthesis. *Measurement and Evaluation in Counseling and Development*. Advanced online publication. <https://doi.org/10.1080/07481756.2022.2091460>. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.
39. Cascalheira, C.J., Nelson, J., & **Kalkbrenner, M.T.** (2022). Factorial invariance of scores on the Self-Objectification Beliefs and Behaviors Scale (SOBBS) among transgender and nonbinary people. *Measurement and Evaluation in Counseling and Development*. 56(1), 48-63. <https://doi.org/10.1080/07481756.2022.2032758>. High quality journal ranking per the CEP department and the flagship psychometric journal in my field.
38. **Kalkbrenner, M.T.** (2022). Global Wellness: Predicting lower levels of anxiety and depression severity. *Journal of Counseling & Development*. 100(1), 84-95. <https://doi.org/10.1002/jcad.12405>. High quality journal ranking per the CEP department and the flagship journal in my field.
37. Gruber, E., **Kalkbrenner, M.T.**, & Hitter, T. L. (2022). An intersectional conceptualization of beauty in Latinx women: A mixed methods study. *Body Image*. 41(1), 432 – 442. <https://doi.org/10.1016/j.bodyim.2022.04.008>. High quality journal ranking per the CEP department.
36. **Kalkbrenner, M.T.** (2022). Validation of scores on The Lifestyle Practices and Health Consciousness Inventory with Black and Latinx adults in the United States: A three-dimensional model. *Measurement and Evaluation in Counseling and Development*. 55(2), 84 – 97. <https://doi.org/10.1080/07481756.2021.1955214>. High quality journal ranking per the CEP department.
35. **Kalkbrenner, M.T.**, James, C., & Pérez-Rojas, A., E. (2022). College students' awareness of mental disorders and counselor seeking behaviors: Comparison across academic disciplines. *Journal of College Student Psychotherapy*. 36(2), 113–134. <https://doi.org/10.1080/87568225.2020.1791774>. High quality journal ranking per the CEP department.
34. Goodman-Scott, E., McMahon, G., H., **Kalkbrenner, M.T.**, & Smith-Durkin, S. (2022). An ex post

facto study examining implementation of positive behavioral interventions and supports across school and community variables from an inclusive innovation perspective. *Journal of Positive Behavior Interventions*. 24(4), 255-265. <https://doi.org/10.1177/10983007211013784>. High quality journal ranking per the CEP department.

33. **Flinn, R.E. & Kalkbrenner, M.T.** (2021). Matching variables with the appropriate statistical tests in counseling research. *Teaching and Supervision in Counseling*. 3(3). Article 4. <https://doi.org/10.7290/tsc030304>
32. **Kalkbrenner, M.T., Arroyos, E.C., & Mims, T. D.** (2021). Recognize and refer? Differences by gender, ethnicity, and help-seeking history. *Journal of College Counseling*. 24(2), 162-177. <https://doi.org/10.1002/jocc.12183>. High quality journal ranking per the CEP department.
31. **Kalkbrenner, M.T. & Goodman-Scott, E.** (2021). Validation of high school students' scores on the Mental Distress Response Scale: Implications for universal screening. *Professional School Counseling*. 25(1), 1-9. <https://doi.org/10.1177/2156759X211006631>. High quality journal ranking per the CEP department.
30. **Kalkbrenner, M.T.** (2021). Enhancing assessment literacy in professional counseling: A practical overview of factor analysis. *The Professional Counselor*. 11(3), 267-284. <https://doi.org/10.15241/mtk.11.3.267>. High quality journal ranking per the CEP department.
29. **Kalkbrenner, M.T., Flinn, R.E., Sullivan, D.K., & Esquivel Arteaga, L.E.** (2021). A mental health literacy approach to supporting first-generation community college student mental health: The REDFLAGS Model. *Community College Review*. 49(3), 324-342. <https://doi.org/10.1177/00915521211002893>. High quality journal ranking per the CEP department.
28. **Kalkbrenner, M.T.** (2021). A practical guide to instrument development and score validation in the social sciences: The MEASURE Approach. *Practical Assessment, Research & Evaluation*. 26(1), Article 1. <https://doi.org/10.7275/svg4-e671>. High quality journal ranking per the CEP department.
27. **Kalkbrenner, M.T., & Carlisle, K.** (2021). Faculty members and college counseling: Utility of The REDFLAGS Model. *Journal of College Student Psychotherapy* 35(1), 70-86. <https://doi.org/10.1080/87568225.2019.1621230>. High quality journal ranking per the CEP department.
26. **Kalkbrenner, M.T., Jolley, A.L., & Hays, D.** (2021). Faculty views on college student mental health: Implications for retention and student success. *Journal of College Student Retention: Research, Theory & Practice*. 23(3), 636–658. <https://doi.org/10.1177/1521025119867639>. High quality journal ranking per the CEP department.
25. **Kalkbrenner, M.T., Sink, C.A., & Smith, J.L.** (2020). Mental health literacy and peer-to-peer counseling referrals among community college students. *Journal of Counseling & Development*. 98(2), 172-182. <https://doi.org/10.1002/jcad.12311>. High quality journal ranking per the CEP department and the flagship journal in my field.
24. **Kalkbrenner, M.T.** (2020). Cross-validation of the Mental Distress Response Scale: Implications for counselors. *The Professional Counselor*. 10, 1 -12. <https://doi.org/10.15241/mtk.10.1.1>. High quality journal ranking per the CEP department.

23. *Smith, J.L., & **Kalkbrenner, M.T.** (2020). Young adults' attitudes about corporal punishment: Implications for mental health counseling. *Journal of Mental Health Counseling. 42*(3), 251-264. <https://doi.org/10.17744/mehc.42.3.05>. High quality journal ranking per the CEP department.*
22. **Kalkbrenner, M.T.**, & Gormley, B. (2020). Development and initial validation of scores on the Lifestyle Practices and Health Consciousness Inventory (LPHCI). *Measurement and Evaluation in Counseling and Development. 53*(4), 219-237. <https://doi.org/10.1080/07481756.2020.1722703>. High quality journal ranking per the CEP department.
21. **Kalkbrenner, M.T.**, & *Flinn, R.E.* (2020). The Mental Distress Response Scale and promoting peer-to-peer mental health support: Implications for college counselors and student affairs officials. *Journal of College Student Development. 61*, 246-251. <https://doi.org/10.1353/csd.2020.0021>. High quality journal ranking per the CEP department and the flagship journal of the American College Personnel.
20. **Kalkbrenner, M.T.**, Lopez, A. L., & *Gibbs, J.R.* (2020). Establishing the initial validity of The REDFLAGS Model: Implications for college counselors. *Journal of College Counseling. 23*, 98-112. <https://doi.org/10.1002/jocc.12152>. High quality journal ranking per the CEP department.
19. **Kalkbrenner, M.T.**, Goodman-Scott, E. & Neukrug, E.S. (2020). Validation of high school students' scores on the Revised Fit, Stigma, and Value Scale: Implications for school counseling screening. *Professional School Counseling, 23*(1).1-10. <https://doi.org/10.1177/2156759X20912750>. High quality journal ranking per the CEP department.
18. Goodman-Scott, E., Taylor, J. V., **Kalkbrenner, M.T.**, *Darsie, J., Barbosa, R., Walsh, K., & Worth, A.* (2020). A multivariate analysis of variance investigation of school-level RAMP status across two states. *Counseling Outcome Research and Evaluation. 11*(1), 31-44. <https://doi.org/10.1080/21501378.2019.1575696>. High quality journal ranking per the CEP department.
17. **Kalkbrenner, M.T.** (2020). Peer-to-peer mental health support on community college campuses: Examining the factorial invariance of the Mental Distress Response Scale. *Community College Journal of Research and Practice.44*, 757-770. <https://doi.org/10.1080/10668926.2019.1645056>. High quality journal ranking per the CEP department.
16. **Kalkbrenner, M.T.**, Brown, E.M., Carlisle, K. L., & Carlisle, R. M. (2019). Utility of The REDFLAGS Model for supporting community college student mental health: Implications for counselors. *Journal of Counseling & Development. 97*(23), 417 - 426. <https://doi.org/10.1002/jcad.12290>. High quality journal ranking per the CEP department and the flagship journal in my field.
15. Guillaume, R., & **Kalkbrenner, M.T.** (2019). Self-Determination Theory: Implications for tenure and promotion for Faculty of Color. *International Journal of Educational Research, 98*, 272 – 279. <https://doi.org/10.1016/j.ijer.2019.09.007>. High quality journal ranking per the CEP department
14. **Kalkbrenner, M.T.**, & Neukrug, E.S. (2019). The utility of the Revised FSV Scale with counselor trainees: Implications for enhancing clinical supervision. *The Clinical Supervisor. 38*(2), 262–280. <https://doi.org/10.1080/07325223.2019.1634665>. High quality journal ranking per the CEP department.
13. **Kalkbrenner, M.T.**, Sink, C.A, Schwitzer, A.M., & Richards, T. (2019). Understanding Mental Health

Scale (UMHS): Development, validation, and implications for college counselors. *Journal of College Counseling*. 22, 270 – 286. <https://doi.org/10.1080/87568225.2019.1621230>. High quality journal ranking per the CEP department.

12. **Kalkbrenner, M.T.**, Neukrug, E.S., & Griffith, S.A., (2019). Appraising counselors' attendance in counseling: The validation and application of the Revised Fit, Stigma, and Value Scale. *Journal of Mental Health Counseling*. 4(1), 21-35. <https://doi.org/10.17744/mehc.41.1.03>. High quality journal ranking per the CEP department.
11. **Kalkbrenner, M.T.**, & Neukrug, E.S. (2018). Identifying barriers to attendance in counseling among adults in the United States: Confirming the factor structure of the Revised Fit, Stigma, & Value Scale. *The Professional Counselor*, 8(4), 299 – 313. <https://doi.org/10.15241/mtk.8.4.299>. High quality journal ranking per the CEP department.
10. **Kalkbrenner, M.T.**, & Sink, C. (2018). Development and validation of the College Mental Health Perceived Competency Scale. *The Professional Counselor*, 8(2), 175 – 189. <https://doi.org/10.15241/mtk.8.2.175>. High quality journal ranking per the CEP department.
9. Neukrug, E.S., **Kalkbrenner, M.T.**, & Griffith, S.A. (2017). Barriers to counseling among human service professionals: The development and validation of the Fit, Stigma, & Value (FSV) Scale. *Journal of Human Services*, 37(1), 27-40.
7. Johnson, K. F., & **Kalkbrenner, M.T.** (2017). The utilization of technological innovations to support college student mental health: Mobile Health Communication, *Journal of Technology in Human Services*, 35(4), 1-26. <https://doi.org/10.1080/15228835.2017.1368428>. High quality journal ranking per the CEP department.
8. **Kalkbrenner, M.T.**, & Hernández, T. J. (2017). Community college students' awareness of risk factors for mental health problems and referrals to facilitative and debilitating resources. *Community College Journal of Research and Practice*, 41, 56-64. <https://doi.org/10.1080/10668926.2016.1179603>. High quality journal ranking per the CEP department.
6. Johnson, K. F., Sparkman-Key, N., & **Kalkbrenner, M.T.** (2017). Human service students' and professionals' knowledge and experiences of interprofessionalism: Implications for education. *Journal of Human Services*, 37(1), 5-13.
5. Gerwe, C., Parks-Savage, A.C., Bertolet, C.L., **Kalkbrenner, M.T.**, & Archer, L. (2017) Promoting the wellness of physician-residents: Counselor-delivered coaching. *Counseling & Wellness: A Professional Counseling Journal*, 6, 1-19.
4. **Kalkbrenner, M.T.**, & Parker, R.H., (2016). Infusing experiential learning into the Introductory to Human Services course based on John Dewey's Theory of Education. *Journal of Human Services*, 36(1), 65-68.
3. **Kalkbrenner, M.T.** (2016). Recognizing and supporting students with mental disorders: The REDFLAGS Model. *Journal of Education and Training*, 3(1), 1-13. <https://doi.org/10.5296/jet.v3i1.8141>

2. **Kalkbrenner, M.T.**, Shepard, J. G., Johnson, K.F., Choudhury, J.D., Reiter, A., & Russell, A. (2016). Interprofessionalism in the literature: A review of the American Journal of Health Research. *American Journal of Health Research*, 4(5), 44-47.
1. Dobmeier, R. A., **Kalkbrenner, M. T.**, Hill, T, T., & Hernández, T. J. (2013). Residential community college student awareness of mental health problems and resources. *New York Journal of Student Affairs*, 13(2), 15-28.

Peer-Reviewed Publications: Under Review

**Italicized denote student collaborations*

Kalkbrenner, M.T., Huycke, M., & Sun, H. (under review). Factorial Invariance of college students' scores on The Lifestyle Practices and Health Consciousness Inventory. *Journal of American College Health*. Second revise and resubmit

Kalkbrenner, M.T., Vernace, A., & Glasser, H. H. (under review) Inner-Wealth: Predicting lower levels of depression and anxiety Severity. *Journal of Counseling & Development*.

Peer-Reviewed Publications in Progress

**Italicized denote student collaborations*

Kalkbrenner, M.T., Gainza Perez, M.A., & Hubbard, J.S. (2023). Measurement Invariance of Scores on the Somatic Symptom Scale-8: National Sample of U.S. Adults. *Measurement and Evaluation in Counseling and Development*. Manuscript in preparation

Kalkbrenner, M.T. (2023). Factorial invariance of scores on the Inner-Wealth Inventory with a national sample of U.S. adults. *Measurement and Evaluation in Counseling and Development*. Manuscript in preparation.

Flinn, R.E., Hitter, T. L., & **Kalkbrenner, M.T.** (2023). Testing the progressive model of help-seeker self-stigma. *The Counseling Psychologist*. Manuscript in preparation.

Kalkbrenner, M.T. (2023). Utility of The REDFLAGS Model for supporting STEM student mental health. *Journal of College Counseling*. Manuscript in preparation.

Goodman-Scott, E., **Kalkbrenner, M.T.**, Olsen, J., & Betters-Bubon, J.J. (2023). Initial validation of scores on the MTSS Alignment Inventory. *Professional School Counseling*. Data collection phase.

Non-Peer Reviewed Publications

Textbooks

Neukrug, E.S., **Kalkbrenner, M.T.**, & Snow, K., (2020). *The Dictionary of Counseling and Human Services*. Cognella, Inc.

Kalkbrenner, M.T. (2017). Created Glossary. In E.S. Neukrug, *A brief orientation to counseling: Professional identity, history, and standards* (2nd ed.). Cengage Learning.

Kalkbrenner, M.T. (2017). Updated Glossary. In E.S. Neukrug, *Theory, practice, and trends in human services: An introduction*. (6th ed.). Cengage Learning.

Kalkbrenner, MT. (2017). Created Glossary. In E.S. Neukrug, *Skills and techniques in human services: Counseling environment, helping skills, treatment issues* (2nd ed.). Cognella, Inc.

Encyclopedia Entries

Kalkbrenner, M.T. (2017). Psychobiology of Attachment Theory. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. (Vol. 3, pp. 1338-1339) SAGE Publications, Inc.

Kalkbrenner, M.T. (2017). Sexual Dysfunction. In *The Encyclopedia of Marriage, Family, and Couples Counseling*. (Vol. 4, pp. 1523-1525) SAGE Publications, Inc.

Digital Publications

Neukrug, E.S., **Kalkbrenner, M.T.**, & Griffith, S.A. (2018). Is counseling for you?. *Social Work Helper*. Retrieved from: <https://www.socialworkhelper.com/2018/02/18/is-counseling-for-you/>

FUNDING: GRANTS, SCHOLARSHIPS, & FELLOWSHIPS

Funded External Grants

Total External Grant Funding Amount Awarded = **\$1,905,701**

- National Institutes of Health Pilot Project (Sole Principal Investigator)
Mental and Physical Health among Physicians.
Award Amount: \$36,223 (under review, 2023).
- National Institutes of Health Pilot Project (Sole Principal Investigator)
Development and Validation of Scores on a Brief Version of The Lifestyle Practices & Health Consciousness Inventory.
Award Amount: \$35,741 (**Funded**, 2022).
- Health Resource and Services Administration (Co-Principal Investigator)
Interdisciplinary collaborative training grant to enhance the training experience of MA-CMHC students by having them work in primary care and behavioral health settings treating substance use disorders.
Award Amount: \$1,234,560 over 5 years, (**Funded**, 2020-2025).
 - Consistent with the 2025 NMSU Leads Strategic Plan Goal 1: Enhance Student Success, this external grant will fully fund approximately 50% of the graduate students in the MA-CMHC program over the next five years. This external HRSA grant funding will support students' full-time immersion in the program, providing them with a unique opportunity to focus on their training without having to worry about accumulating student loan debt or balancing a part-time/full-time job with full-time enrollment in graduate school.
- Children Youth & Families Department Behavioral Health Services

(Methodologist and Statistical Consultant)

The Nurtured Heart Approach® Implementation Pilot Project

Award Amount \$359,900 (**Funded**, 2018 – 2019).

- Children Youth & Families Department Behavioral Health Services
(Methodologist and Statistical Consultant)
The Nurtured Heart Approach® Implementation Pilot Project: Phase 2
Continuation Award Amount \$250,000 (**Funded**, 2020).
- National Institutes of Health Pilot Project (Sole Principal Investigator)
Reducing Health Disparities: Lifestyle Practices & Health Consciousness Inventory.
Award Amount: \$25,000 (**Funded**, 2020).
- Southern Association for Counselor Education and Supervision: Research and Best Practice Award
Research Grant (Co- Principal Investigator)
Attendance in Counseling by Counselors: Identifying and Overcoming Barriers
Award Amount: \$500.00. (**Funded**, 2017).

Non-Funded External Grants

- National Institutes of Health R03 Parent Grant (Sole Principal Investigator)
Development and Validation of Scores on a Brief Version of The Lifestyle Practices and Health Consciousness Inventory.
Award Amount: \$139,994 (Not funded).
- The Robert Wood Johnson Foundation (Principal Investigator)
A National Investigation of Physical and Mental Health: Implications for Wellness, Health Systems, and Healthy Communities.
Award Amount: \$210,551 (Not funded).
- Spencer Foundation (Lead Principal Investigator)
The Appraisal of STEM Major's Physical and Mental Health: Implications for Wellness, Retention, and Degree Completion.
Award Amount \$50,000 (Not funded).

Funded Internal Grants

- Emerging Scholar Initiative Grant (Lead Principal Investigator)
Integrating Medical and Mental Health Care: An Instrument Development and Validation Study
Proposed Award Amount: \$8,000. (**Funded**, 2018).

Scholarships & Fellowships

- CACREP Research Initiative for Graduate Students (CRIGS) Fellowship, (2 awarded annually, nationally). (**Funded**, 2017).
- SACES Emerging Leader's Fellowship, \$200, Southern Association for Counselor Education and Supervision, New Orleans, LA. (**Funded**, 2017).

- NARACES Emerging Leader's Fellowship, \$200, North Atlantic Region Association for Counselor Education and Supervision, Syracuse, NY. (**Funded**, 2017).
- Darden College of Education Dissertation Fellowship, \$15,000 (with full tuition waiver), Old Dominion University, (4 awarded annually across 6 departments). (**Funded**, 2016-2017).

PRESENTATIONS

Italicized denote student collaborations

* denotes peer-reviewed conference proceeding

48. **Kalkbrenner, M.T.** (2021). Your future as a professional: Selecting program and applying to graduate school [Invited address]. Counseling Undergraduate Society, New Mexico State University, Las Cruces, NM, United States.
47. Pérez-Rojas, A.E., & **Kalkbrenner, M.T.** (2020). Impact of COVID-19 on mental health [Invited address]. New Mexico State University (NMSU) Virtual Outreach Conference, New Mexico State University, Las Cruces, NM, United States.
- *46. **Kalkbrenner, M.T.** (2020). *Teaching psychometrics: Using relatable examples to make abstract concepts come to life!* Rocky Mountain Association for Counselor Education and Supervision (RMACES) Conference.
- *45. Esquivel Arteaga, L.E., Tejada, J. D., & **Kalkbrenner, M.T.** (2020). *Lifestyle practices: Implications for promoting physical and mental health.* Western Association for Counselor Education and Supervision (WACES) Conference, Tucson, AZ. (Conference canceled due to the covid-19 pandemic).
- *44. **Kalkbrenner, M.T.** (2020). *Uncovering psychometric research designs: An overview of factor analysis in layperson's terms.* Western Association for Counselor Education and Supervision (WACES) Conference, Tucson, AZ. (Conference canceled due to the covid-19 pandemic).
- *43. Neukrug, E.S., & **Kalkbrenner, M.T.** (2019). *Publish or perish? The publishing process in finding and keeping a job in counselor education.* Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA, United States.
- *42. **Kalkbrenner, M.T.** (2019). *Demystifying psychometric research designs: An overview of the major approaches to factor analysis.* Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA, United States.
- *41. **Kalkbrenner, M.T.**, Griffith, S.A., & Neukrug, E.S. (2019). *The psychometric properties of the Revised Fit, Stigma, & Value (FSV) Scale with counselor trainees: Implications for counselor educators.* Association for Counselor Education and Supervision (ACES) Conference, Seattle, WA, United States.
- *40. Brown, E. M., **Kalkbrenner, M.T.**, Carlisle, K.L. (2017). *Cross-ethnic trust factors: Black counselors with White mentors.* The annual convention of the American Counseling Association (ACA), San Francisco, CA, United States.

- *39. **Kalkbrenner, M.T.**, Neukrug, E.S., Griffith, S.A. (2017). *Barriers to seeking counseling: Development & validation of the Fit, Stigma, & Value (FSV) Scale*. Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL, United States.
- *38. Neukrug, E.S., **Kalkbrenner, M.T.** (2017). *Insights into publishing in the counseling field: Books, journal articles, and more!* Association for Counselor Education and Supervision (ACES) Conference, Chicago, IL, United States.
- *37. **Kalkbrenner, M.T.**, & Gerwe, C. (2017). *Coaching medical residents: implications for counseling*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Norfolk VA, United States.
- *36. James, C., & **Kalkbrenner, M.T.** (2017). *The psychometric validation of the Understanding Mental Health Scale (UMHS)*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Norfolk VA, United States.
- 35. **Kalkbrenner, M.T.** (2016). *Statistical tests in social sciences research*. [Invited address]. New Mexico State University, Las Cruces, NM, United States.
- 34. **Kalkbrenner, M.T.** (2016). *Career and occupational assessment: Interest inventories, multiple aptitude tests, and special aptitude tests*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
- 33. **Kalkbrenner, M.T.** (2016). *Rational Emotive Behavioral Therapy*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
- 32. **Kalkbrenner, M.T.** (2016). *Empathy and using "I" statements in a medical setting*. [Invited address plenary speaker]. Eastern Virginia Medical School, Norfolk, VA, United States.
- *31. **Kalkbrenner, M.T.** (2016). *The high School to college transition & mental disorders: Implications for Counselors*. The annual convention of the American Counseling Association (ACA), Montreal, Canada.
- *30. Neukrug, E.S., Britton, B.S., & **Kalkbrenner, M. T.**, Griffith, S.A. (2016). *Common health-related concerns for men*. The annual convention of the American Counseling Association (ACA), Montreal, Canada.
- *29. **Kalkbrenner, M.T.** (2016). *Reducing mental health issues: The REDFLAGS Model*. The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, United States.
- *28. **Kalkbrenner, M.T.** (2016). *Mental health issues on college campuses: The REDFLAGS Model*. Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA, United States.
- *27. **Kalkbrenner, M.T.** (2016). *Infusing experiential learning into counselor education pedagogy*. Southern Association for Counselor Education and Supervision (SACES) Conference, New Orleans, LA, United States.

- *26. **Kalkbrenner, M.T.**, & Ramrakhiani, S. H. (2016). *Counselors as leadership coaches in an academic medical setting: Implications for counselor educators*. North Atlantic Region Association for Counselor Education and Supervision (NARACES) Conference, Syracuse, NY, United States.
- *25. Ramrakhiani, S.H., & **Kalkbrenner, M.T.** (2016). *Counselor educators' experiences infusing social justice into pedagogy*. North Atlantic Region Association for Counselor Education and Supervision (NARACES) Conference, Syracuse, NY, United States.
- 24. **Kalkbrenner, M.T.** (2016). *Cognitive behavioral skills for mood management*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
- 23. **Kalkbrenner, M.T.** (2015 & 2016, February). *Testing and assessment: An overview*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
- *22. **Kalkbrenner, M.T.** (2015). *Investigating the implications of a structured peer group supervision model*. The Virginia Counselors Association (VCA) Conference, Hot Springs, VA, United States.
- *21. **Kalkbrenner, M.T.**, McAuliffe, G., Carlisle, K., & Richards, T. (2015). *Using Dewey's Theory of Education to incorporate experiential learning activities in the social and cultural issues course*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA, United States.
- *20. Carlisle, K. L., Richards, T., **Kalkbrenner, M.T.**, & McAuliffe, G. (2015). *Rubric development for the master's level counseling skills course*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA, United States.
- *19. Richards, T., Carlisle, K. **Kalkbrenner, M.T.**, & Brown, E. M. (2015). *Using Fink's Taxonomy of significant learning in counselor education*. Association for Counselor Education and Supervision (ACES) Conference, Philadelphia, PA, United States.
- 18. **Kalkbrenner, M.T.** (2015). *Counseling skills and techniques*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
- *17. **Kalkbrenner, M.T.** (2015). *Recognizing the warning signs for depression, stress, and how to cope*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
- 16. **Kalkbrenner, M.T.** (2015). *Ensuring test worthiness: Reliability, validity, practicality, and cross-cultural fairness*. [Invited address]. Old Dominion University, Norfolk, VA, United States.
- 15. **Kalkbrenner, M.T.** (2015). *Investigating residential community college students' awareness of mental health disorders and related university services*. The 2015 Annual Graduate Research Achievement Day, Old Dominion University, Norfolk, VA, United States.
- *14. **Kalkbrenner, M.T.**, & Brown, E. M. (2015). *Cognitive information processing theory and the integration of career and mental health counseling services on college campuses*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
- *13. **Kalkbrenner, M.T.**, & Carlisle, K.L. (2015). *Multisystemic Therapy: A best practice for youth at risk for out of home placement*. The Virginia Association of Counselor Education and Supervision

(VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.

- *12. **Kalkbrenner, M.T.**, & Jolley, A.L. (2015). *Faculty members as resources for students who are living with mental health disorders: A Pilot Study*. The William and Mary School of Education Research Symposium, Williamsburg, VA, United States.
- *11. Brown, E.M., & **Kalkbrenner, M.T.** (2015). *Infusing social justice in counselor education*. The Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
- *10. Carlisle, K. L., & **Kalkbrenner, M.T.** (2015). *Trauma informed approaches for at-risk-youth*. Presentation at the Virginia Association of Counselor Education and Supervision (VACES) annual Graduate Counseling Student Conference, Regent University, Harrisonburg, VA, United States.
- *9. Jolley, A.L., & **Kalkbrenner, M.T.** (2015). *Investigating minority students' perceptions of mental health disorders and their impact on the college experience: A pilot study*. The William and Mary School of Education Research Symposium, Williamsburg, VA, United States.
- 8. **Kalkbrenner, M.T.** (2013). *Nu Chapter of Chi Sigma Iota presents: counselor education clinical internship and alumni panel*. Invited presenter and panel member, Rochester, NY, United States.
- 7. **Kalkbrenner, M.T.** (2012). *Stress management workshop*. Invited guest lecturer for freshman academic planning course, Brockport, NY, United States.
- 6. **Kalkbrenner, M.T.**, Hill, T.L., & Pakan, J.P. (2011). *Awareness of mental health disorders on college campuses*. Graduate Research Conference, The College at Brockport, Rochester, NY, United States.
- 5. **Kalkbrenner, M.T.**, Bach, D.R., Ampel, B.C., & Piccirillo, C.T. (2010). *The effects of manipulated focus on TV. watching and parental support on levels of materialistic values*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY, United States.
- 4. Iuppa, A.A., Ampel, B.C., & **Kalkbrenner, M.T.** (2010). *The relationship between altruism, personal environmental threat, and environmentally friendly behaviors*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY, United States.
- 3. Piccirillo, C.T., **Kalkbrenner, M.T.**, & Bach, D.R. (2010). *Terror management and attitudes toward the environment*. Geneseo Recognizing Excellence, Achievement & Talent Day, Geneseo, NY, United States.
- 2. **Kalkbrenner, M.T.**, Ampel, B.C., & Piccirillo, C.T. (2009). *Efficiencies as a solution to environmental problems*. Presented at Scholar's Day Brown Bag Lunch Event, Geneseo, NY, United States.
- *1. Allen, J.B., Ampel, B.C., **Kalkbrenner, M.T.**, Piccirillo, C.T., & McDonough, A.C. (2010). *The Jevo's Paradox*. National American Association for Psychological Science (APS) Conference, Boston, MA, United States.

Presentations Under Review

Kalkbrenner, M.T. (2023). *Instrument development and score validation in counselor education: The MEASURE Approach*. Association for Counselor Education and Supervision (ACES) Conference, Denver, CO, United States.

Kalkbrenner, M.T. (2023). *Cronbach's Alpha, McDonald's Omega, and Coefficient H internal consistency reliability estimates: Reviewing these options and when to use them*. Association for Counselor Education and Supervision (ACES) Conference, Denver, CO, United States.

TEACHING EXPERIENCE

Graduate Level Teaching Experience

Semester(s) Taught

Research Methods Master's level, Counseling CACREP Master's Core Course Face-to-Face & Hybrid Online Sections New Mexico State University, Las Cruces, NM	Fall 2017, 2018, 2019, 2020, 2021, & 2023 Spring 2020 & 2022
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Counseling Theories and Techniques CACREP Master's Core Course New Mexico State University, Las Cruces, NM	Fall 2021 & 2022
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Psychometrics Doctoral level, Psychology Face-to-Face & Hybrid Online Sections New Mexico State University, Las Cruces, NM	Fall 2017, 2019, 2020, 2021, & 2022
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Advanced Statistics Doctoral level, Counseling & Curriculum and Instruction Online Instruction New Mexico State University, Las Cruces, NM	Summer 2021
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Human Development Cross-listed (MA counseling, Ed.S. School Psychology, & Ph.D. Counseling Psychology) CACREP Master's Core Course Face-to-Face & Fully Online Sections New Mexico State University, Las Cruces, NM	Summer 2019, 2020, 2021, & 2022
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Testing, Assessment, & Psychometric Theory Master's level, Counseling CACREP Master's Core Course New Mexico State University, Las Cruces, NM	Fall 2017 & 2019, Spring 2021, 2022, & 2023
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Counseling Practicum Master's level, Counseling CACREP Master's Core Course	Fall 2019
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New Mexico State University, Las Cruces, NM

Diagnosis and Treatment Planning Summer 2018
Master's level, Counseling
CACREP Master's Core Course
New Mexico State University, Las Cruces, NM

Evaluation of Quantitative Research in Education Summer 2018, 2020, & 2022
Doctoral level, Curriculum and Instruction
Hybrid Online & Fully Online Sections
New Mexico State University, Las Cruces, NM

Counseling for Lifespan Development Summer 2017
Master's level, Counseling
CACREP Master's Core Course
Old Dominion University, Norfolk, VA

Advanced Counseling Research Design and Assessment Fall 2016
Doctoral level, Counseling
Co-Instructor
Old Dominion University, Norfolk, VA

Program Evaluation Summer 2016
Doctoral level, Counseling & Foundations of Education
Hybrid online instruction
Co-Instructor
Old Dominion University, Norfolk, VA

Testing and Client Assessment Spring 2016 & 2017
Master's level, Counseling
CACREP Master's Core Course
Co-Instructor
Old Dominion University, Norfolk, VA

Theories of Counseling and Psychopathology Summer 2015
Master's level, Counseling
CACREP Master's Core Course
Co-Instructor
Old Dominion University, Norfolk, VA

Advanced Counseling Skills and Techniques Spring 2015
Master's level, Counseling
Co-Instructor
Old Dominion University, Norfolk, VA

Introduction to Counseling Skills and Techniques Fall 2014
Master's level, Counseling
CACREP Master's Core Course
Co-Instructor
Old Dominion University, Norfolk, VA

Undergraduate Teaching Experience

Semester(s) Taught

Research Internship in Counseling & Community Psychology
Undergraduate, Psychology
New Mexico State University, Las Cruces, NM

Spring 2018 & Fall 2018

Introduction to Substance Abuse
Undergraduate, Human Services
Online Instruction (Adobe Connect & WebEx)
Old Dominion University, Norfolk VA

Summer 2016

Career Development & Appraisal
Undergraduate, Human Services
Old Dominion University, Norfolk VA

Spring 2016

Interpersonal Skills
Undergraduate, Human Services
Old Dominion University, Norfolk, VA

Fall 2015

Nonprofit Fundraising (grant writing) in Human Services
Undergraduate, Human Services
Old Dominion University, Norfolk, VA

Summer 2015

Internship in Human Services
Undergraduate, Human Services
Old Dominion University, Norfolk, VA

Spring 2015

Introduction to Human Services
Undergraduate, Human Services
Old Dominion University, Norfolk, VA

Fall 2014

Development of Clinical Resources and Training Materials

- Designed for students to use as training materials and as clinical resources.

Kalkbrenner, M.T. (2020). *Reflective listening* [PDF document]. Retrieved from:
https://drive.google.com/file/d/1yMak9QGGU08JsNf-ATSc1BExDCzA_7kY/view?usp=sharing

Kalkbrenner, M.T. (2020). *Assertive communication skills* [PDF document]. Retrieved from:
<https://drive.google.com/file/d/1SH1rtjhXSdhGzmzRwKvSuhHBih4gk-mW/view?usp=sharing>

Kalkbrenner, M.T. (2020). *Giving and receiving feedback* [PDF document]. Retrieved from:
https://drive.google.com/file/d/1cavzd9mYA_eONrkNol5wOoq10sOTR02k/view?usp=sharing

Kalkbrenner, M.T. (2020). *Reducing extreme emotions in high-pressure situations* [PDF document]. Retrieved from: https://drive.google.com/file/d/1xie3xwGcfpxGkDeQ6KYosXPPa_a1AEr9/view?usp=sharing

Kalkbrenner, M.T. (2020). *Recognizing and shaping nonverbal behaviors* [PDF document]. Retrieved from: https://drive.google.com/file/d/1eF1zze4ki_nV6u4TQhtMjVFSGPBdO7Kr/view?usp=sharing

Kalkbrenner, M.T. (2020). *Making casual conversation “small talk” for enhancing personal and professional relationships* [PDF document]. Retrieved from:
<https://drive.google.com/file/d/1ScQzKsxBGsSHtzVoU5dXNmVnGqWrKeTQ/view?usp=sharing>

Kalkbrenner, M.T. (2020). *Self-Monitoring* [PDF document]. Retrieved from:
<https://drive.google.com/file/d/1ku6wHlscIEwyqPKqhCQ6-bFzihyTC-To/view?usp=sharing>

AWARDS & HONORS

2022 ODUAA 40 Under 40 Alumni Award 2022
Old Dominion University Alumni Association (ODUAA)

- Awarded to alumni who have demonstrated impactful leadership in their communities and across the globe in record time (before the age of 40). According to the ODUAA, recipients of this award “represent the very best in achievement and service.”

Featured Article in the 2021 Edition of The Journal of Counseling & Development 2021
Journal of Counseling and Development
Flagship peer-reviewed journal in my field
American Counseling Association
Global Wellness: Predicting Lower Levels of Anxiety and Depression Severity

Top Cited Article 2021
Journal of College Counseling
American College Counseling Association
Establishing the Initial Validity of the REDFLAGS Model: Implications for College Counselors

Outstanding Aggie Researcher Award 2020
College of Education
New Mexico State University

- Awarded by the Dean to honor one faculty member in the College of Education for their outstanding achievements in research and discovery.

Outstanding Scholar Award 2018
The Professional Counselor (TPC)

- The Outstanding Scholar Award is awarded annually to recognize the most noteworthy article published in *The Professional Counselor* each year. *The Professional Counselor* is the flagship journal of the National Board for Certified Counselors.

CEP Department Teaching Excellence Award 2017
Department of Counseling and Educational Psychology
New Mexico State University

- Awarded by the department head for teaching excellence in making complex mathematical concepts easy for students to understand.

CEP Department Citizenship Award 2017
Department of Counseling and Educational Psychology
New Mexico State University

- Awarded to faculty members who have demonstrated outstanding service and collegiality in the Department of Counseling and Educational Psychology at New Mexico State University.

Outstanding Research Award 2016
Chi Sigma Iota
Old Dominion University

- This award seeks to recognize and honor those who have recently completed research investigations that show promise for outstanding contributions to the counseling profession.

Outstanding Doctoral Student in Counseling Award 2016
Department of Counseling and Human Services
Old Dominion University

- Awarded to one doctoral student annually in the Counseling and Human Services Department at Old Dominion University.

Shining Star Recognition 2016
Old Dominion University

- Awarded by the Division of Student Engagement and Enrollment Services at Old Dominion University to recognize an instructor who was nominated by their students for their hard work, dedication, excellence, and attention given to students.

Distinguished Scholar Award 2014
Department of Counselor Education
The College at Brockport, State University of New York

- Awarded annually to one graduate student throughout the College at Brockport, State University of New York who demonstrated outstanding academic work, scholarship, and who shows exceptional professional promise.

Outstanding Student Award 2014
Department of Counselor Education
The College at Brockport, State University of New York

- Awarded annually to recognize one graduate student in the department of counselor education at the College at Brockport who has consistently demonstrated exceptional academic and clinical skills in professional counseling.

Chi Sigma Iota Honor Society 2011- 2017

LEADERSHIP & SERVICE

National & Regional Leadership & Service: Editorial Boards

Associate Editor <i>Measurement and Evaluation in Counseling and Development</i> Association for Assessment and Research in Counseling (AARC)	2023 - 2027
Associate Editor <i>The Professional Counselor</i> National Board for Certified Counselors	2021 - 2024
Editorial Board Member Proposal Reviewer <i>Journal of Counseling & Development</i> American Counseling Association The Flagship Journal in My Field	2020 - 2023
Editorial Board Member Proposal Reviewer <i>Measurement and Evaluation in Counseling and Development</i> Association for Assessment and Research in Counseling (AARC)	2021 - 2023
Editorial Board Member Proposal Reviewer <i>Journal of College Student Retention: Research, Theory, & Practice</i> Center for the Study of College Student Retention	2019 - present
Editorial Board Member Proposal Reviewer <i>Journal of Human Services</i> The National Organization for Human Services	2016 - 2022
Ad Hoc Reviewer Proposal Reviewer <i>Community College Review</i>	2022
Ad Hoc Reviewer Proposal Reviewer <i>Counseling Outcome Research and Evaluation</i> Association for Assessment and Research in Counseling (AARC)	2021
Ad Hoc Reviewer <i>Journal of American College Health</i> American College Health Association	2020
Ad Hoc Reviewer <i>Measurement and Evaluation in Counseling and Development</i> Association for Assessment and Research in Counseling (AARC)	2017 - 2019

Ad Hoc Reviewer 2019
Studies in Higher Education
 Society for Research into Higher Education

Ad Hoc Reviewer 2016
Journal of College Counseling
 American College Counseling Association

Editorial Assistant 2015
Journal of Human Services
 National Organization for Human Services

Assistant Editor 2015- 2016
Woody Schwitzer's College Counseling & Psychological Services Knowledge Base
 American College Personnel Association (ACPA) College Student Educators International

Guest Editorial Board Member 2014
Journal of Human Services
 Current Issues: Winter Monograph

National & Regional Leadership & Service: Committees, Conferences, & Boards

Internal Institute for the Advancement of Counseling Theory 2021- present
Co-Director of Research

- The directors of research are charged with overseeing the research advisory board and conducting research related to counseling theory. The research advisory board's main role is to develop research projects that advanced counseling theory and provide a mechanism for developing competitive proposals for mini grants related to the research of counseling theory.

Advisory Board: CACREP Counseling Program 2021-2022
Committee Member
 External advisory committee for the counseling program at Old Dominion University

ACES Conference Proposal Reviewer 2021
Association for Counselor Education and Supervision

WACES Conference Proposal Reviewer 2020
Western Association for Counselor Education and Supervision

Outstanding Scholar Award Judge 2019 - 2020
The Professional Counselor
 Flagship journal of the National Board for Certified Counselors

ACES Conference Proposal Reviewer 2019
Association for Counselor Education and Supervision

Awards Committee Member 2017- 2018

Rocky Mountain Association for Counselor Education and Supervision

NARACES Volunteer at Conference, Syracuse, NY 2016
North Atlantic Region Association for Counselor Education and Supervision

ACES Conference Proposal Reviewer 2015
Association for Counselor Education and Supervision

Chi Sigma Iota
Awards committee member 2014 - 2017
Omega Delta Chapter
Old Dominion University

Chi Sigma Iota 2013 - 2014
Chapter President
Nu Chapter
The College at Brockport, State University of New York

Chi Sigma Iota 2012 - 2013
President-elect
Nu Chapter
The College at Brockport, State University of New York

Chi Sigma Iota 2012
Executive Board Committee Member
Nu Chapter
The College at Brockport, State University of New York

Service to the University and College

Faculty Affairs Committee 2021- present
Committee Member
College of Health, Education, and Social Transformation
New Mexico State University

- This committee is charged with evaluating dossiers for promotion and tenure as well as third-year review at the college level.

Emerging Scholars Initiative 2020 - 2021
Committee Member
College of Education
New Mexico State University

Faculty Compensation Advisory Committee 2020 - present
Office of the Provost
New Mexico State University

Faculty Senator 2020- 2021
College of Education
Representative for the Department of Counseling and Educational Psychology

New Mexico State University

University Affairs Committee 2020- 2021
New Mexico State University

Student Mental Health Task Force 2019 - 2021
Dean of Students Office
New Mexico State University

Space Committee 2019 - 2020
The College of Education
New Mexico State University

Clinical Reasoning and Case Formulation Curriculum Task Force 2017 - 2018
New Mexico State University

- A university-wide Collaborative effort between New Mexico State University and the State of New Mexico Behavioral Health Services Department to infuse clinical reasoning and case formulation modules into interdisciplinary curriculum aligned with Goal 1 of the NMSU Leads 2025 Strategic Plan: Enhance Student Success.

New Student Mentor 2018 - 2021
The College of Education
New Mexico State University

New Student Mentor 2022 - present
The College of Health, Education, and Social Transformation
New Mexico State University

Student Affairs Committee 2017 - 2018
The College of Education
New Mexico State University

Dean's Initiative Committee for a College-Wide Statistical Sequence 2017 - 2020
The College of Education
New Mexico State University

Departmental Leadership & Service

Program Director 2021 – present
MA Clinical Mental Health Counseling Program
CACREP Accredited
New Mexico State University

Faculty Member Search Committee Chair Spring 2023
Tenure Track Assistant Professor of Counseling Psychology
Department of Counseling and Educational Psychology
New Mexico State University

Faculty Member Search Committee Chair Fall 2022
Tenure Track Assistant Professor of Counseling Psychology
Department of Counseling and Educational Psychology

New Mexico State University

Faculty Member Search Committee Chair

Spring 2022

Open-Rank Professor of Counseling Psychology

Department of Counseling and Educational Psychology

New Mexico State University

MA-CMHC Program Committee Chair

2021 - present

Department of Counseling and Educational Psychology

New Mexico State University

CEP Leadership Committee

2020 - present

Member

Department of Counseling and Educational Psychology

New Mexico State University

Faculty Member Search Committee Chair

Fall 2021

Tenure Track Assistant Professor of Counselor Education

Department of Counseling and Educational Psychology

New Mexico State University

Co-Program Director

2020

MA Clinical Mental Health Counseling Program

CACREP Accredited

New Mexico State University

Faculty Member Search Committee Member

Spring 2021

Department of Counseling and Educational Psychology

Tenure Track Assistant Professor of Counseling Psychology

New Mexico State University

CEP Departmental Leadership Committee

2020- present

Department of Counseling and Educational Psychology

New Mexico State University

Volunteer Actor for Interprofessional Training

2020

Department of Counseling and Educational Psychology

New Mexico State University

Co-Interim Program Director

2017 - 2018

MA Clinical Mental Health Counseling Program

CACREP Accredited

New Mexico State University

Admissions Coordinator

2017 - present

MA Clinical Mental Health Counseling Program

New Mexico State University

Faculty Member Search Committee Member

2017 - 2018

Department of Counseling and Educational Psychology
Tenure Track Assistant Professor
New Mexico State University

CEP Long Range Planning Committee 2017 - 2018

Department of Counseling and Educational Psychology
New Mexico State University

Faculty Member Search Committee Member 2015 - 2016

Department of Counseling and Human Services
Tenure Track Associate/Assistant Professor
Old Dominion University

Peer Mentor

Mentored incoming doctoral students 2015 - 2017
Old Dominion University

Doctoral Student Interview Ambassador 2016

Student panel member
Facilitated campus tours
Old Dominion University

Doctoral Student Interview Ambassador 2015

Co-facilitated group interviews
Student panel member
Old Dominion University

Service to the Community

SOS Signs of Suicide Middle School and High School Prevention Programs 2019

Sierra Middle School
Rio Grande Preparatory Institute
Las Cruces Public Schools

- The SOS Signs of Suicide Prevention Program (SOS) is a universal, school-based depression awareness and suicide prevention program designed for middle school (ages 11–13) or high school (ages 13–17) students. My role included:
 - Collaboration with teachers, principal's, and school counselors.
 - Adapting SOS materials to meet the developmental needs of high school students.
 - Facilitating suicide awareness and psychoeducation groups.
 - Supervising practicum students' facilitation of suicide awareness and prevention psychoeducation groups.
 - Supervising practicum students' facilitation of screenings for depression and suicide.

Consultant

La Clinica de Familia, Inc. Behavioral Health Specialty Services 2017 - 2018
Las Cruces, NM

- Selection of psychologically sound measurement instrumentation and safety plans.

PROFESSIONAL COUNSELING IDENTITY

Clinical Supervisor

2016 - 2017

Old Dominion University, Norfolk, VA

- Provide clinical supervision to graduate students completing their practicum or internship clinical training.
- Monitor and provide feedback to students' about counseling sessions, written case conceptualizations, and conduct student evaluations of progress.
- Collaborate with site supervisors to ensure maximum student support.

Doctoral Counseling Intern

2016 - 2017

Eastern Virginia Medical School

- Program development and assessment
- Development of modules and worksheets
- Provided counseling to physician residents and fellows in wellness and interpersonal skills
- Consulted with leadership coordinators and created psychoeducation sessions
- Provided trainings on interpersonal skills to standardized patients (professional actors)

Group Facilitator

2015

Interpersonal Awareness

Old Dominion University, Norfolk, VA

Mental Health Counseling Internship

2012 - 2013

Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY

- Facilitated weekly 1:1 individual counseling sessions with veterans who were living with a variety of mental health disorders including Substance Use Disorders, Anxiety Disorders, Depressive Disorders, Post-Traumatic Stress Disorder, Paranoid Schizophrenia, Anti-Social Personality Disorder, Psychotic Disorders, and Dementia.
- Facilitated weekly psycho-educational group with 10-25 adult veterans and 5-7 nursing staff members utilizing Cognitive Behavioral Therapy (CBT) techniques to develop coping skills to regulate extreme emotions and to develop effective interpersonal relationship skills.
- Conducted weekly group counseling session with 20-30 adult veterans on preventing relapse from Substance Use Disorders.
- Facilitated weekly psycho-educational group with 25-40 adult veterans utilizing recovery skills for Substance Use Disorders.
- Completed new client intake/motivational interviewing sessions for recently admitted veterans.

Mental Health Counseling Practicum

2012

Hazen Hall Student Counseling Center, Brockport, NY

- Facilitated 1:1 individual counseling sessions with clients who were living with mental health concerns, including social anxiety, depression, substance use, adjustment challenges, and peer/family conflict.
- Completed new client intakes.
- Completed crisis triage interviews.

Sociotherapist

2010 - 2011

Hillside Crestwood Children's Center, Rochester, NY

- Crisis counseling and supervision of youth who were living with severe emotional disabilities.
- Actively involved with Therapeutic Crisis Intervention (TCI).
- Employed supportive counseling skills and crisis intervention skills to verbally de-escalate youth who were in emotional crises and became verbally and physically aggressive.
- Designed and implemented therapeutic recreation activities to help youth develop and practice more effective cooperative interpersonal skills.
- Participated in multi-disciplinary team of professionals for professional development.
- Participation in treatment team meetings to present on clients' progress and create treatment plans for youth in the program.

TECHNOLOGY & COMPUTER SKILLS

- **Analysis of Moment Structures Software (AMOS):** Statistical analysis program used for structural equation modeling and confirmatory factor analysis.
- **Statistical Package for the Social Sciences (SPSS):** Statistical analysis program.
- **G*Power:** Software for computing statistical power, effect size, and confidence intervals.
- **Tevera:** Field placement and assessment management software.
- **Zoom:** Online software for hosting virtual classrooms.
- **Canvas:** Online based application for posting announcements and resources for students.
- **Blackboard:** Online based application for posting announcements and resources for students.
- **Qualtrics:** Online survey software tool.
- **Dropbox:** Online cloud for file storage and sharing.
- **Google Drive:** Online cloud for file storage and sharing.
- **Microsoft Office Professional:** PowerPoint, Word, Excel, Outlook, & Publisher.

PROFESSIONAL MEMBERSHIPS

- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)

- Association for Assessment and Research in Counseling (AARC)
- Rocky Mountain Association for Counselor Education and Supervision (RMACES)
- Western Association for Counselor Education and Supervision (WACES)
- American Association of University Professors (AAUP)

PROFESSIONAL DEVELOPMENT

- Association of College and University Educators, Effective Teaching Practices Course. 2020-2021.
- Rocky Mountain Association for Counselor Education and Supervision (RMACES) Virtual Conference, 2020.
- Association of Counselor Education and Supervision Conference, Seattle, WA, 2019.
- How to Write a Self-Study CACREP Workshop, Alexandria, VA, 2019.
- Promotion & Tenure Portfolios Summer 2019, New Mexico State University, Las Cruces, NM.
- Association of Counselor Education and Supervision Conference, Chicago, IL, 2017.
- Strengthening Clinical Reasoning in Practice: Key Concepts for Use in Clinical Reasoning in Assessment and Case Formulation, Las Cruces, NM, 2017.
- Southern Association for Counselor Education and Supervision Conference, New Orleans, LA, 2016.
- North Atlantic Region Association for Counselor Education and Supervision, Syracuse, NY, 2016.
- The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, 2016.
- American Counselor Association (ACA) Annual Conference, Montreal, Canada, 2016.
- Mindfulness Coaching Training & Techniques, Norfolk, Virginia, 2016.
- Association for Counselor Education and Supervision (ACES) Annual Conference, Philadelphia, PA, 2015.
- The Virginia Counselors Association (VCA) Conference, Williamsburg, VA, 2015.
- Virginia Association for Counselor Education and Supervision Conference, Harrisonburg, VA, 2015.
- The William and Mary School of Education Research Symposium, Williamsburg, VA, 2015.
- Transitioning to the DSM-V, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2013.
- Cognitive Information Processing for Treating PTSD, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2013.

- Motivational Interviewing in Counseling Settings, Canandaigua Department of Veterans Affairs Medical Center, Rochester, NY, 2012.
- Graduate Research Conference, The College at Brockport, Rochester, NY, 2011.
- Therapeutic Crisis Intervention Training, Hillside Family of Agencies, Rochester, NY, 2010.
- Crisis Intervention: Verbal De-escalation, Hillside Family of Agencies, Rochester, NY, 2010.
- National American Association for Psychological Science Conference, Boston, MA, 2010.